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SOFTBALL DRILLS AND PRACTICE PLANS

Hi Softball Coaches!! Thanks for visiting my blog. I've posted hundreds of my favorite drills and coaching tips, so please have fun browsing around and feel free to use anything you find with your own team. Okay... about me - I'm a youth softball coach (and former player)

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with more than 19 years experience. I'm also the owner and publisher of www.Softball-Spot.com, and the author of several ...

About Coach Becky Wittenburg - Softball Spot

- Coach Becky Wittenburg PS -
Remember: The Softball Drills & Practice

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Plans have to produce immediate, dramatic results at your very next practice, or I don't expect you to pay for it. You either have the best practice you've ever had... or you get every penny back with no hassles and no questions asked. It's that simple.

Softball Drills and Practice Plans

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Becky Wittenburg Softball Drills - ox-on.nu

Circle Drill The players form a wide circle with a softball in front of each girl, in this drill recommended by veteran softball coach Becky Wittenburg at the Softball Drills & Coaching Tips website. The first girl starts in the middle of the circle, runs to one of the balls and tosses it to

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teammate on the opposite side of the circle.

Softball Conditioning Drills | Woman - The Nest

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by Guest Author Becky Wittenburg Start with the Basics These kids softball drills

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teach the basics -- hitting, running, throwing, and catching -- in fun, simple ways that beginners will understand and enjoy! Don't Miss This hitting drill emphasizes making contact with the ball and correct placement of the bat once the batter has hit the ball.

Youth Softball Coaching Clinic: Kids

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Softball Drills - Fun ...

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A collection of drills and videos to help lead your team to a great season!

Coach Resources | sbrsoftball

Wittenberg Softball Senior Spotlight April 27, 2020 Full Story Witt Softball Sweeps Final NCAC Athlete of the Week Awards

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March 17, 2020 Full Story Tigers End
2020 Shortened Season With Win

Softball - Wittenburg

This is my #1 secret for pre-game warmups. (29:11) Drill #9: The "long distance" pitching technique that builds wicked arm strength in just minutes per day! (32:45) Drill #10: A "6 minute

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speed drill" that immediately and permanently improves your arm speed, leg drive, and overall mechanics. (35:04)
And a lot more.

Softball Inner Circle

From: Coach Becky Wittenburg. Dear Friend, If you're a fastpitch softball coach looking for a surefire, no B.S. way

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to increase your offensive production and achieve more success on the field... then please, listen closely.. You're about to discover an amazing step by step system for understanding and implementing a killer short game strategy with your team.

Short Game Secrets - Softball Spot

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Coach Becky Wittenburg. PS - In the past 12 months alone, I've helped over 3,104 softball coaches tap into the "insider secrets" that sent their teams skyrocketing to the top of the standings. Here's a small sample of the feedback I've received...

Youth Softball Throwing & Catching

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Skills - Softball Spot

The official Softball page for the University of Pittsburgh Panthers

Softball - Pitt Panthers #H2P

Submit Content to
Content may be from several locations including; softball-tips.com Pete Sprenkle Becky Wittenburg Coach John

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Peter

Drills (Guelph Minor Softball Association)

Becky Wittenburg at the Softball Drills & Coaching Tips website. The first girl starts in the middle of the Page 11/19.

Where To Download Becky

Wittenburgcircle, runs to one of the balls

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and tosses it to teammate on the opposite side of the circle. Softball Conditioning Drills | Woman - The Nest
Becky Wittenburg

Where To Download Becky Wittenburg Becky Wittenburg

The official Softball page for the Longwood University Lancers

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Softball - Longwood University Athletics

Bree Hanafin, a native of Arlington, VA, had an illustrious softball career and has years of experience instructing and coaching girls of all ages and skill levels. After signing her National Letter of Intent to play for Baylor University,

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Hanafin headed to Waco, TX in 2008 following their first World Series appearance and top 10 ranking.

Coach Bree - ARLINGTON SOFTBALL+

The official Football page for the Washington State University Cougars

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Football - Washington State University Athletics

By Becky Wittenburg | Submitted On April 13, 2007 Softball drills are what ultimately trains a team to win. It's very important that the various drills are adequate in teaching skills for different parts of the game. As the coach, it's your job to decide which drills will give

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the team the best practice.

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